

January 2021



Hungry Knights Cafe

LUNCH

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
Salad Mon-Thurs Chef or Caesar, Fri Muffin & yogurt
Lunch prices, Elem=\$2.35 Secondary and High=\$2.50
Breakfast =\$1.10, Adult Breakfast Al-a-carte, Adult lunch =\$3.75

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Monday



NO SCHOOL

4

Tuesday



BBQ Chicken sandwich
Sweet potato fries
Seasoned noodles
Juice or fruit
Milk

5

Wednesday



Beef-a-roni
W/ bread stick
Sliced carrots
Chilled fruit
Milk

6

Thursday



Beef nachos
W/let & cheese
White rice
Pinto beans
Fresh fruit
Milk

7

Friday

NO SCHOOL

1

Fish & biscuit
Cole slaw
Baked beans
Juice or fruit
Milk

11

Sloppy joe
Sweet potato fries
Three bean salad
Fresh fruit
Milk

12

Oven roasted chicken
Biscuit
Mashed potatoes
Green beans
Chilled fruit
Milk

13

Spaghetti W/
Bread stick
Steamed broccoli
Garden salad
Fresh fruit
Milk

14

Pizza
Corn
Baby carrots w/dip
Juice or fruit
Milk

15

NO SCHOOL

18

Mini Corn dogs
Mashed potatoes
Green beans
Juice or fruit
Milk

19

Cheese burger
Let/ tom/pickle
Oven fries
Chilled fruit
Milk

20

Chicken Nuggets w/ roll
Mac & cheese
Bear cookie
Fresh fruit
Milk

21

Pizza
Corn
Baby carrots w/dip
Juice or fruit
Milk

22

Chicken soft tacos
W/Let/Tom
Seasoned rice
Black beans
Juice or fruit
Milk

25

Corn dog
Seasoned noodles
Broccoli
Fresh fruit
Milk

27

Hamburger
W/let/tom/pickles
Oven fries
Chilled fruit
Milk

Beef nachos W/let & cheese
White rice
Pinto beans
Fresh fruit
Milk

28

Pizza
Corn
Baby carrots w/dip
Juice or fruit
Milk

29

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LUNCH

Monday

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Wednesday

Thursday

Friday

